

2019 C4 CSA

The basic items listed in the first 6 weeks will appear in each box throughout the season in different amounts depending on the weekly harvest. As new items* appear in further weeks, other items may lessen in amount and/or items may become choices between similar items. Different herbs** will likely be in each box as they become available throughout the 20 weeks. Additional Colorado produce*** may be available for purchase depending on interest.

WEEKS 1-6 (May-June)

- Spinach
- Lettuce
- Arugula
- Kale
- Chard
- Bok Choi
- Radish
- Salad Turnips

WEEKS 7-12 (July-Aug)

*ADD: Fennel

- Kohl Rabi
- Beets
- Cucumber
- Squash
- Green onions

WEEKS 13-20 (Aug-Oct)

*ADD: Peas

- Beans
- Broccoli
- Cauliflower
- Carrots
- Potato
- Cabbage
- Onions/Leeks/Garlic

**Herbs: Cilantro, Parsley, Chives, Sage, Oregano, Thyme, Mint, Rosemary

***Other possible Colorado produce: strawberries, cherries, peaches, tomatoes, peppers, winter squash